

2020 AGM



Thank you for attending our AGM!

At LIFE, we put a lot of energy into planning an AGM that brings people together through food, learning, games and fun. This year, although we could not be together in person, we worked together to create, plan and host our first virtual AGM in the history of our organization and on September 22nd, 48 people logged into our zoom room to participate! Connection through technology! Since the spring, we have witnessed networks, family, staff and ICOF employers come together in creative and safe ways! Bravo everyone on staying connected! A pandemic that has touched all corners of the world has NOT limited our ability to care for one another, to spread kindness and to reach out to others.

We are often an innovative and ambitious team when we begin planning any event and this year was no exception. We started to dream big around creating a Video Series Project about ICOF. We thank each person who took the time to record their thoughts and experiences around living a self-directed life. After receiving the videos, we realized that this is a much bigger project than we had originally thought and we would not have the time to put together the videos in a meaningful way in the timeframe we had. Sadly, we were unable to premiere the videos as originally thought, but we look forward to creating a series that truly reflects what it means to be part of ICOF in the future.

Despite the setback with the video series, we were able to create 2 photo slideshows featuring amazing moments in the lives of ICOF Employers. When all these photos are showcased together, it is easy to see love, fun, connection, learning, participation and happy people who are living their best lives! It also provided a moment to reflect on 2 ICOF Employers, Wannetta and Linda who passed away since our last AGM. They are both fondly remembered by our LIFE team and the people who love them the most.



We also took a few minutes to break into smaller groups and participate in an activity about communication. We thought this was a good year to remember that even though people are hearing the same news, stories, instructions etc. people might interpret what they hear differently and act based upon their understanding of what they heard. A reminder to be kind to different opinions, thoughts and beliefs as we navigate these challenging times.



Rose Flaig, our Board Chairperson welcomed everyone to the business part of the AGM and presented her report in an inspiring and unique way – through song and drumming. Special thanks was given to Patti Chiappetta for her 5 years of service as of November, 2019.

Our treasurer, Evelyn Yelinek presented the 2019 – 2020 audited financial statement that was approved by the membership.



Our Executive Director presented her annual report, with special acknowledgement to Laurie Miller for 20 years of service, Shannon Walowetz for 10 years of service and Amy Shawcross for 5 years at Innovative LIFE Options. Thanks was also given to the LIFE team for their dedication throughout the year.

Stephen Walker presented nominations for the LIFE Board and one new board member, Bunny Mitchell was approved. We are excited to welcome her to the board.

To close off our AGM, people turned on their videos and were able to take a few moments to chat, laugh and catch up! It was great to see so many happy faces all together. We thank you for taking time to attend our 1st virtual AGM. We hope to see you all in person next year! Stay connected to your loved ones! Continue to reach out to each other!

Nothing is impossible, the word itself says "I'm possible!"-- Audrey Hepburn